

WELLNESS COMMITTEE MEETING MINUTES

Friday, February 3, 2023

The meeting was called to order by Brenda Clabbatz at 2:00 PM.

Brenda welcomed Shannon Adamski, the new secondary physical education teacher representative.

Stephanie Donoghue and Melissa Turben Wellness Co-coordinators, said that employees are interested in receiving first aid certifications. Melissa and Julie McCray are both certified to teach. We will look into offering to some employees at upcoming Act 80 or In-Service days. The cost is \$20 per person. Melissa also teaches through the Hi-Ed and will inquire if they would be interested in offering more times per year. Employees are starting to ask about gym reimbursements. Brenda will make sure the form is online and send to Melissa and Stephanie. Brenda will have Andrew Schmidt move all Wellness items under Food Service to the Wellness area on the district website and ask Andrew to give access and editing capabilities to Melissa and Stephanie.

Amanda Ongley, Food Service Director spoke about a breakfast sandwich pilot starting in March. Breakfast sandwiches will be offered every day instead of two times a week since students seem to purchase more on days they are offered. A quarter hour is being added to two cafeteria staff each day to help with this endeavor. Kim Bova stated that food lines for Life Skills students are running smoothly. The power aid type drinks were also discussed. The type sold in our cafeteria meet smart snacks criteria and are a better option than what students purchase at convenience stores. The share table was also discussed. This seems to be well. Also, students are being made aware that they can purchase breakfast up to 10:00am if they get to school late.

Since Blue Zones is no longer in Corry we will remove it as an item from the agenda, but we will leave Worksite Wellness as a discussion point. The Wellness newsletter encourages movement and provides employees with some of these options.

The next two meetings for the year will be held in mid March and early to mid May. Brenda will send out the invite for the next meeting.

Other Business: Amy Allen is our new Board Representative, but could not make it to today's meeting.

Adjournment: 2:25 PM

Respectfully submitted,

Brenda Clabbatz